

Helpful Resources

for Washburn Tech Students

Emergency Funds:

Campus Advocate: Shelley Bearman
Shelley.Bearman@washburn.edu or
785.670.3364

Care Closet: contact Steve Grenus
Steven.Grenus@washburn.edu or
Career Navigator at 785.670.2010 or
Campus Advocate at 785.670.3364

Mental Health Care:

contact the Campus Advocate for referral
to counseling services
Shelley.Bearman@washburn.edu or
785.670.3364

Student Health:

It is available to Washburn Tech students on
Washburn's main campus at 17th & College.
Call 785.670.1470 before visiting.
You will receive consultation by phone before
scheduling an in-person appointment.

Veterans Services:

contact Chris Bowers
Chris.Bowers@washburn.edu

Other Tech Resources:

Disability Services: contact Campus Advocate
Shelley.Bearman@washburn.edu or
785.670.3364

Financial Aid Office: 785.670.3360

Students Services Office: 785.670.2010

Community Resources:

Doorstep: 785.357.5341
emergency services for rent

Let's Help: 785.234.6208
emergency services for lights, rent, free hot
meals and clothing

St. Francis Health: 785.295.8090

Stormont Vail Health: 785.354.6100

Shawnee County Health Agency: 785.368.2000

Topeka Alcoholics Anonymous: 785.235.2226

Topeka Rescue Mission: 785.354.1744
free housing & meals

YWCA Center for Safety & Empowerment:
888.822.8983

United Way of Greater Topeka: 785.273.4804
<https://unitedwaytopeka.org> (website)
contact@UnitedWayTopeka.org (email)

Valeo Behavioral Health Care: 785.234.3300
24-hour crisis line

Free Phone Apps:

Anxiety - **Mindshif**

Emotional Regulation - **PTSD Coach**

OCD - **nOCD**

Recovery - **Rise Up and Recover**

Suicide Prevention - **Virtual Hope Box**