

## Technical Standards

### FOUNDATIONS OF HEALTHCARE/CNA PROGRAM

The technical standards discussed in the following chart define performance expectations that must be met for advancement through and successful completion of the **FOUNDATIONS OF HEALTHCARE/CNA Programs**. It is the policy of Washburn Tech to provide reasonable accommodations for those with disabilities, health impairments, and other disabling conditions. These standards can also be used to determine whether accommodations or modifications are necessary and have been established through consideration by faculty and consultation with the following sources: consultation with the advisory committee for the programs, The Vocational Rehabilitation Act, The Americans with Disabilities Act, Dictionary of Occupational Titles, O\*Net Online developed for the U.S. Department of Labor.

ABILITY	STANDARD/REQUIREMENT	Some examples of necessary activities (not all inclusive)
<b>Sensory/Motor Ability</b>	<ul style="list-style-type: none"> <li>Student must have the ability to use motor skills to perform clinical maneuvers.</li> <li>Student must be able to execute gross and fine motor movements required to provide general care and treatment of patients. Demonstrate the ability to perform clinical skills.</li> <li><b>Student must have the ability to lift a minimum of 50 pounds without restrictions.</b></li> </ul>	<ul style="list-style-type: none"> <li>The ability to coordinate the movement of arms and legs together when the whole body is in motion.</li> <li>The ability to bend, stretch, twist, or reach with your body, arms, and legs.</li> <li>The ability to use abdominal and lower back muscles to support your body without risking injury or fatigue.</li> <li>Assisting in moving and lifting patients and equipment using proper body mechanics.</li> <li>Standing for a minimum of two hours.</li> <li>Walking for a minimum of six hours, not necessarily continuously.</li> <li>Answer patient's call signals.</li> <li>Turn and reposition patients, alone or with assistance, to maintain skin integrity.</li> <li>Observe patient's conditions, measuring and recording food and liquid intake, output, vital signs, and report changes to professional staff.</li> <li>Assist patients who are unable to feed themselves.</li> <li>Provide patients with help walking, exercising, and moving in and out of bed.</li> <li>Provide patient care by assisting with toileting needs.</li> <li>Bathe, groom, shave, dress or prepare patients for treatment programs or examination.</li> <li>Transport patients using a wheelchair or stretcher.</li> <li>Clean rooms and change linens.</li> <li>Collect specimens as requested.</li> </ul>

ABILITY	STANDARD/REQUIREMENT	Some examples of necessary activities (not all inclusive)
<b>Observation</b>	<ul style="list-style-type: none"> <li>The use of assessment skills as observing instructor demonstrations and directly observing a patient's health condition.</li> <li>Students must be able to perform sensory skills (auditory, visual, and tactile) necessary to assess the health status of clients.</li> </ul>	<ul style="list-style-type: none"> <li>Take vital signs to note and report any abnormalities in the skin, accurately reading measuring devices for intake and output.</li> </ul>
<b>Communication</b>	<ul style="list-style-type: none"> <li>Communication with patient and members of the health care team about the patient's condition in settings where communication typically, is oral and in settings where the time span for communication is limited. Student must be able to speak, hear, and</li> <li>observe patients in order to obtain information of their status. Communication includes speaking, reading, writing and</li> <li>non-verbal skills that reflect sensitivity, clarity and comprehension.</li> </ul>	<ul style="list-style-type: none"> <li>Initiating and maintaining a nurse aide patient relationship.</li> <li>Reporting pertinent client information with members of the health team.</li> <li>Giving verbal reports.</li> <li>Documenting accurately and clearly in written or graphic form.</li> <li>Communicate clearly in English to include: verbal, written and in electronic forms.</li> <li>Understand verbal and written information.</li> <li>Detect, interpret, and appropriately respond to verbal and non-verbal communication.</li> <li>Respond to generated signals (call lights, monitors, telephones, pagers, etc.)</li> </ul>
<b>Reasoning and Intellectual Skills</b>	<ul style="list-style-type: none"> <li>Student must have sufficient critical thinking skills to recognize significant changes in the patient setting and report these observations directly to the charge nurse.</li> </ul>	<ul style="list-style-type: none"> <li>Identify significant changes in patients utilizing observation skills and patient information.</li> </ul>
<b>Professional, Behavioral and Social Characteristics</b>	<ul style="list-style-type: none"> <li>The ability to provide care that is patient centered and respectful of human dignity and the uniqueness of each individual, free from all bias and discrimination. Student</li> <li>must be emotionally stable and have the ability to function effectively under stress.</li> </ul>	<ul style="list-style-type: none"> <li>To act, dress and speak in a professional manner and encourage a teamwork atmosphere.</li> <li>Possessing maturity and emotional stability to handle demanding patient assignments.</li> </ul>

**PLEASE COMPLETE THIS FORM AND UPLOAD INTO VERIFIED CREDENTIALS.**  
**TECHNICAL STANDARDS FOR ENROLLMENT IN FOUNDATIONS OF HEALTHCARE / CNA.**  
Washburn University Institute of Technology

**OFFICE USE  
ONLY**

**Date Received**

**CHECK ALL THAT APPLY.**

- \_\_\_\_\_ I understand the expectations, as explained on the previous page, must be for advancement through and successful completion of the **Foundations of Healthcare / CNA Programs**.
- \_\_\_\_\_ Upon admission to the program, I received a copy of the Technical Standards and they have been explained to me.
- \_\_\_\_\_ I would like to discuss the Standards checked below.
- \_\_\_\_\_ A. Sensory/Motor Ability
- \_\_\_\_\_ B. Observation
- \_\_\_\_\_ C. Communication
- \_\_\_\_\_ D. Reasoning and Intellectual Skills
- \_\_\_\_\_ E. Professional, Behavioral and Social Characteristics

**QUESTIONS OR COMMENTS:** (If additional information, attach another page.)

**SIGNATURE** \_\_\_\_\_ **DATE** \_\_\_\_\_

**PLEASE PRINT NAME** \_\_\_\_\_

**If Student is a Minor:**

**PARENT/GUARDIAN SIGNATURE** \_\_\_\_\_ **DATE** \_\_\_\_\_

**PLEASE PRINT NAME** \_\_\_\_\_

**Disability**

The Assistant Director for Student Accommodations is responsible for assisting in arranging accommodations and identifying resources at Washburn Tech for individuals with disabilities. Qualified students with disabilities **MUST** register and provide medical documentation from a qualified licensed professional with the office to be eligible for services. New requests for accommodations should be submitted prior to the date services should begin ideally at the beginning of the semester; however, contact the Assistant Director for Student Accommodations as soon as a need may arise. The Assistant Director for Student Accommodations coordinates and assists in arranging services it deems appropriate for eligible students on a case- by-case basis related to accommodations within Washburn Tech.

If you are a student with a disability that may substantially limit your ability to participate in this class and believe you will need accommodations, it is your responsibility to contact:

**Washburn Student Accessibility Services**

**MK Hunt, Assistant Director**

Location: Building A, Student Services North

Phone: 785-670-3364

E-Mail: [mk.hunt@washburn.edu](mailto:mk.hunt@washburn.edu)

<https://www.washburn.edu/studentaccessibility/staff.html>

## **Non-Discrimination**

Washburn University [prohibits discrimination](#) on the basis of race, color, religion, age, national origin, ancestry, disability, sex, sexual orientation, gender identity, genetic information, veteran status, or marital or parental status. The following person has been designated to handle inquiries regarding the non-discrimination policies: Michelle Godinet, Equal Opportunity Director/Title IX Coordinator, Washburn University, 1700 SW College Ave, Topeka, Kansas 66621, 785.670.1509, [edirector@washburn.edu](mailto:edirector@washburn.edu)